

Your training course at Regina Coeli

You are going to do a language training course at Language Institute Regina Coeli. Below you will find more information about the programme and the facilities available to you during your time with us. If you have any further questions, please do not hesitate to contact us, either by telephone on +31 (0)73-684 87 90 or via e-mail to clientservices@reginacoeli.nl.

We would like to wish you every success!

Welcome

On your first training day, we welcome you at eight in the morning, which is when you receive your training schedule and a brief explanation of what you can expect.

If you are staying at Guest Accommodation Eikenheuvel, you may check in on Sunday evening from 20:00 until 23:00. In the other hotels, you can check in from 3 p.m. onward.

Training programme

Before your training starts, you can view your class schedule and the trainers we have selected for you in your personal environment (learn.reginacoeli.nl). If there are any changes, we adjust it immediately in the system. That way, you can always refer to the most recent version of your timetable.



Unless you have agreed otherwise, your programme is made up of four private lessons from native speakers, personal assignments and independent study time. In addition, you can use Regina Coeli's facilities all day long.

You also have the opportunity to keep practising during informal moments such as meals. You can then use the language in real life contexts with fellow students or students who are native speakers of your target language.

Lesson times

The lesson day starts at 08.20 every morning and lessons last 55 minutes. Your day ends between 20.00 and 21.00, with the exception of Friday. We round off that day with a farewell drink until 18.00.

[To the schedule >](#)

Using the language lab

Make sure you have your My Regina Coeli login details with you when you arrive so you can hit the ground running in the language lab.

Wireless internet

You can connect to our wifi network via your laptop, tablet or smart phone. You may also use the computers with internet connection in our language laboratory.

Meals

You are our guest at Regina Coeli all day long. The catering staff takes care of all your meals.

Breakfast: 7.00 - 9.00
Lunch: 12.00 - 14.00
Dinner: 17.30 - 21.00

We are happy to help with any special dietary requirements you may have.



Parking at the institute

There is a large car park for our course members on the premises. However, we do advise you not to leave valuables in your car. Regina Coeli cannot be held responsible for the theft of personal belongings.

Your availability during language training

We strongly advise you to leave your work behind while you are with us so that you can focus fully on the language you are learning. This is important in order to get the most out of your course.

Meet & Greet

On Monday you are welcome at the Meet & Greet in Chatwell. Here you will meet your fellow students. The drink starts at 5.45 pm. From 6.30 pm you can join us for dinner.



Fitness facilities

You can make use of the fitness facilities in the basement of the institute. You can also borrow a bicycle, and reception can show you a number of cycling and walking routes in the immediate area.

Yoga classes

Every course member is welcome to join the yoga class at Language Institute Regina Coeli. The aim of the yoga class is to create space in the body and mind to provide an optimal learning environment.

The lessons are given in the English language. Comfortable sports clothes are suggested, no shoes are required and yoga mats are provided.

Class: Tuesday and Thursday 6.45 – 7.30 a.m.

Location: yoga room in the basement

